

A Bit Of A Crush

Count: 32 Wall: 2 Level: Improver

Choreographer: Gaye Teather (UK) June 2015

Music: Girl Crush by Little Big Town (78 bpm) CD: Pain Killer

Intro: 8 counts from start of track. Begin dancing on the word 'Girl'

Track available to download from iTunes & Amazon

This dance was choreographed for my Improver level dancers so that they can share the floor with the intermediates who dance Girl Crush by Rachael McEnaney and Alison Johnstone

Cross (with sweep). Cross. Out. Out & cross (x 2)

1 – 2 Cross Right over Left sweeping Left out to Left. Cross Left over Right

&3 Step Right out to Right side. Step Left out to Left side

(Move slightly back on counts &3 above)

&4 Step Right beside Left. Cross Left over Right

5 – 6 Cross Right over Left sweeping Left out to Left. Cross Left over Right

&7 Step Right out to Right side. Step Left out to Left side

(Move slightly back on counts &7 above)

&8 Step Right beside Left. Cross Left over Right

Side. Cross rock. Side. Cross rock. Together. Step. Pivot half turn Right x 2. Forward mambo.

Hook

& 1 – 2 Small step to Right on Right. Cross rock Left over Right. Recover onto Right

&3 – 4 Small step to Left on Left. Cross rock Right over Left. Recover onto Left

& Step Right beside Left

5&6& Step forward on Left. Pivot half turn Right. Step forward on Left. Pivot half turn Right
(Facing 12 o'clock)

7&8& Rock forward on Left. Recover onto Right. Step back on Left. Hook Right in front of
Left ankle

***Start from beginning at this point during wall 3 (You will be facing 12 o'clock)**

Step/sweep. Step/sweep. Step. Pivot half turn Left. Step. Step/sweep. Step/sweep. Step. Pivot half turn Right. Step. Pivot quarter turn Right

1 - 2 Step forward on Right sweeping Left to Left side. Step forward on Left sweeping Right to Right side

3&4 Step forward on Right. Pivot half turn Left. Step forward on Right

5 – 6 Step forward on Left sweeping Right to Right side. Step forward on Right sweeping Left to Left side

7&8& Step forward on Left. Pivot half turn Right. Step forward on Left. Pivot quarter turn Right (Facing 3 o'clock)

Cross rock. Syncopated weave Left. Cross rock. Quarter turn Right. Left lock step forward

1 - 2 Cross rock (or lunge) Left over Right. Recover onto Right

- &3&4 Step Left beside Right. Cross Right over Left. Step Left to Left side. Cross Right behind Left
- & Step Left to Left side
- 5 – 6 Cross rock (or lunge) Right over Left. Recover onto Left
- & Quarter turn Right stepping forward on Right (Facing 6 o'clock)
- 7&8 Step forward on Left. Lock Right behind Left. Step forward on Left

Start again